

Seikokai Hombu Training Schedule and Locations

Juniors

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Scottish 5:30 – 6:30		Scottish 5:30 – 7:00		Peretz 5:30 – 6:30	Scottish 10 - 11	

Adults

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Peretz 7 – 9		Nikkei 8 – 9:30	Peretz 7 - 9	Scottish 11 – noon	
<i>(Nikkei)</i> <i>(8 – 9:30)</i>	<i>(UBC)</i> <i>(7 - 9)</i>	<i>(Ladner)</i> <i>(8 – 9:30)</i>	<i>(UBC)</i> <i>(7 - 9)</i>			

Locations:

Peretz Centre - <http://www.peretz-centre.org/>

6184 Ash Street
Vancouver, BC

This location is at 45th Avenue and Ash Street, just south of Oakridge Centre mall.

Scottish Cultural Centre - <http://www.scottishculturalcentre.com/>

8886 Hudson Street
Vancouver, BC

This location is one block west from the current Selkirk Street location of the Hombu

Nikkei Place - <http://www.nikkeiplace.org/>

6688 Southoaks Crescent
Burnaby, BC

This location is just off of Kingsway at Sperling

Ladner dojo
5425 Ladner Trunk Road
Ladner, BC